

# Ontario Healthy Communities Coalition

## Our Mission:

*Creating innovative solutions to meet community challenges and build strong, equitable and sustainable communities through education, engagement and collaboration.*



# OHCC Services

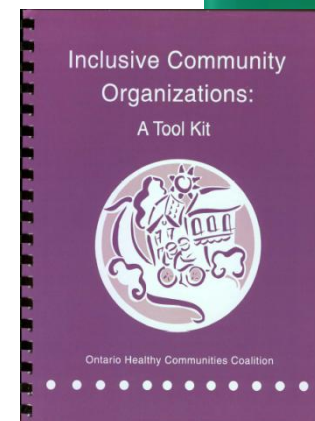
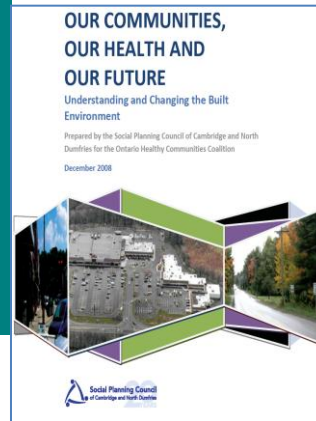
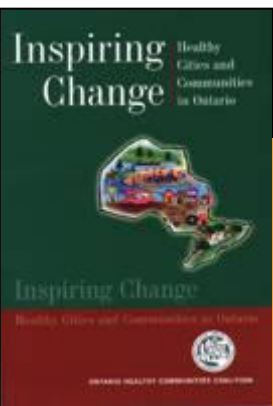
## Central Office

- Administration
- Communications
  - Tool Kits
  - Training Manuals
  - Website
  - E-Bulletin

## Regional Consultants

- Information/Referrals
- Networking/Collaboration
- Consultations
- Presentations/Workshops
- Research/Planning
- Training, Policy & Resource Development

# Publications



All OHCC Publications are available  
in both English and French

[www.ohcc-ccso.ca](http://www.ohcc-ccso.ca)

# Healthy Community Model



# Types of Community

- Geographic Place – where you live, work, play
- Shared Interest or Affiliation – arts, faith, language
- Shared Circumstance – parent, refugee, senior



# What Defines Your Community?







# CULTURE SHOCK

# The Premise

- **A community is only “healthy” when *all* its members take part**
- **Some members of the population are often left out, overlooked or fully ignored when it comes to involvement, active engagement, planning and decision-making**



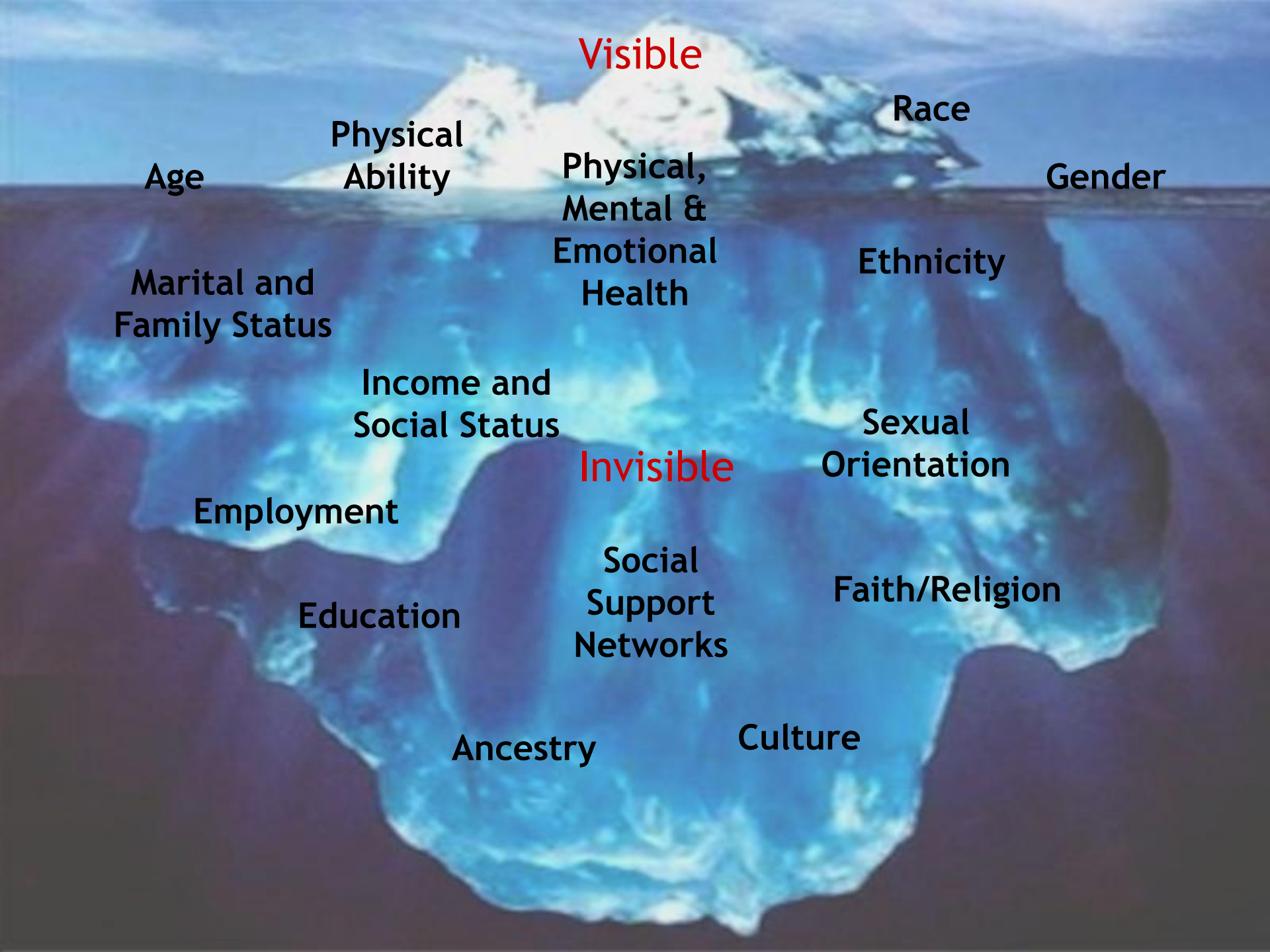
# Understanding Diversity & Inclusion

- **Refers to the differences that exist among individuals and groups within a population**
- **While we share many common characteristics, it is important to recognize our differences as well, as they help to shape our experiences & expectations**

# Dimensions of Diversity

**Include, but are not limited to:**

- **race, ethnicity, ancestry, creed, language**
- **age, ability / disability**
- **citizenship, place of origin, geographic location**
- **religion, marital, same-sex, parental and family status**
- **gender identity, sexual orientation**
- **educational background, literacy level**
- **income, employment status and work experience**



**Visible**

Age

Physical Ability

Physical, Mental & Emotional Health

Race

Gender

Marital and Family Status

Ethnicity

Income and Social Status

Sexual Orientation

**Invisible**

Employment

Social Support Networks

Faith/Religion

Education

Ancestry

Culture





**Means  
acknowledging and  
respecting  
differences, and  
recognizing the  
value of every  
individual to their  
communities and to  
society at large**



**Includes the 'active' and 'meaningful' involvement  
of people who are reflective of the diverse groups  
within a community**



**Ontario Healthy Communities Coalition**